

Foreign Rights List  
Spring 2026

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# Anna and Patrick Hemminger



Anna and Patrick Hemminger love to eat well. As journalists, they enjoy conducting in-depth research in the kitchen, while traveling, and wherever food is produced. They have published several books about their experiences and run the successful blog and podcast *Travel & Taste*. Anna Hemminger is an award-winning radio reporter for Bayerischer Rundfunk and ARD. She writes novels and tells her children stories she invents herself every day. Patrick Hemminger is a journalist and aspiring chef from Baden-Württemberg. He writes for the *Süddeutsche Zeitung*, among others, cooks and bakes bread, and shares his knowledge of cuisine and craftsmanship both online and offline. Anna and Patrick Hemminger live with their three children in the south of France and Germany—they can usually be found wherever the food tastes good.



## Travel & Taste

### How We Gave Up Our House to Spend a Year Searching for Real Life with Our Children in Europe's Kitchens

#### A Year Through Europe

Traveling and being free—that's Anna and Patrick Hemminger's dream. Away from the daily grind and cafeteria food. The journalists sell their house and take their three kids on the trip of a lifetime, traveling across Europe in search of good food. They want to show that you can learn more in Europe's kitchens than from all the textbooks put together. To do this, the family looks into numerous pots and eats from many plates, stands at the stove with top chefs, and goes out into the fields with farmers. The challenges along the way are considerable: homeschooling, working on the road, being together nonstop—this is a recipe for conflict. But in every country, the family meets wonderful people who share a bit of their wisdom with them. Because food connects people across all borders.

*With numerous photos and QR codes for recipes*

*Bloggers with a wide reach*

Original title:

*Travel & Taste*

Wie wir unser Haus kündigten, um ein Jahr mit unseren Kindern in Europas Küchen das wahre Leben zu suchen

Original language: German

Publication in March 2026

232 pages with many photos

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© Manu Theobald

# Andrea L'Arronge

Andrea L'Arronge has been in front of the camera since she was eight years old. She grew up as a so-called film child, attending school in the mornings, showbiz in the afternoons, and doing homework in the evenings. At the age of 15, she spent a year abroad in Israel, where her father was working as a cameraman for ARD's foreign studio. At 17, she dropped out of school to focus on acting and studied English on the side. In 2003, she trained in Ayurveda at the Ayurveda Seva Institute in Munich. In 2007, she founded the natural cosmetics business SHANTI. She has been blogging since 2017 and has since discovered a love of writing.



## The Lemon Tree in My Garden

### Greater Joy in Life Through Inner Freedom

#### New Beginnings and the Search for Oneself

Is it worth starting over after 50? Andrea L'Arronge says yes, without hesitation. The popular actress—known among others for her roles in SOKO Kitzbühel, Anwalt Abel, and Salto Mortale, among others—looked back on her life and realized that she needed to make a radical change. Her body and soul made this abundantly clear to her. She decided to take her life in a completely new direction and separated from her husband after 33 years of marriage. She had always had an overwhelming desire to own a house in the south. Now she is following her heart's desire and has ended up in a place in Italy that had already fascinated her 30 years earlier. This book is not only for the numerous fans of Andrea L'Arronge, but for anyone who has the courage and desire to break new ground while remaining true to themselves. It is the story of an exciting journey of self-discovery, guided by the motto: Everything has its time.

*Popular actress*

*Plea for emancipation and a new beginning*

Original title:  
*Der Zitronenbaum in meinem Garten*  
Durch innere Freiheit zu mehr Lebensfreude

Original language: German

Publication in March 2026  
208 pages with many photos

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# Monica Brandis

Monica Brandis studied American Studies, History, and Journalism (M.A.) at the Free University of Berlin. This was followed by several years working as a freelance journalist in the USA, France, Germany, and Ireland, as well as teaching assignments at the University of Bolzano in the Faculty of Education. She curated the exhibition *The Children of Operation Shamrock* and is the author of the book *The Children from Operation Shamrock. Historical Context, Testimonies and Fictionalized Memory Fragments*. She is currently pursuing a PhD at the University of Limerick.



## Luise

### A Trial of Farewell

#### Of War, Flight, and New Beginnings

Embedded in the historical context, Monica Brandis describes the life of her grandmother Luise: from a child in a West Prussian village to an apprentice in Berlin in the 1930s, to a widow with a baby during the war and a worker in post-war Germany. Luise's brothers come to terms with the Nazi regime; one of them later ends up in prison. Luise's sister takes over the farm near Danzig, is expelled with her family in 1946, and builds a new life for herself in Mecklenburg. Coincidences and the course of history determine the family's path through life, but how much room is left for their own decisions?

*Trend: biographical family history*

*Germans and Poles living together*

Original title:

*Luise*

Die Erprobung des Abschieds

Original language: German

Publication in June 2026

224 pages

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© Kempf

# Sophia Wilk-Vollmann

Sophia Wilk-Vollmann studied medicine in Jena from 2010 to 2016 and subsequently earned her doctorate. She is currently working in academia as a lecturer and researcher in the fields of emergency and disaster medicine, communication, and patient safety. Since 2016, she has been working as a doctor at the German Armed Forces Hospital in Berlin. Her experiences with the German Armed Forces as an officer and doctor in South Africa, Vietnam, and Afghanistan, among others, have had a lasting impact on her. In 2019, she opened a practice for minimally invasive aesthetic medicine, where she advocates for self-determination and non-discriminatory treatment in aesthetic medicine.



## Combat Zones

### A Military Doctor Between War, Body, and Beauty

#### On Beauty and Pain

As a doctor and soldier who has served in international missions in Mali and Afghanistan, among other places, Sophia Wilk-Vollmann has helped people who have gone through traumatic experiences and no longer feel at home in their own skin. Even though military and aesthetic medicine seem worlds apart, both fields are characterized by a high degree of tension between expectations, hopes, and fears. Sophia Wilk-Vollmann questions common ideals of beauty and fights against the stigmatization of those who opt for aesthetic treatments. With openness, precision, and depth, she recounts the impressive stories of her patients, from stereotypical alpha males to gender-fluid transgender people.

*Between the military and Botox*

*An unbiased look at aesthetic medicine*

Original title:

*Kampfzonen*

Eine Militärärztin zwischen Krieg, Körper und Schönheit

Original language: German

Publication in June 2026

224 pages

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© Philipp Mansmann

# Albert Jakob

Albert Jakob has been working as a physiotherapist and massage therapist since 1981. In 1991, he founded his own practice as an independent practitioner at the Federal Training Center in Füssen. He was head of physiotherapists in the German Ice Hockey Federation and team leader at several Olympic Games and World Championships in ice hockey, basketball, and high diving. For more than 15 years, Jakob worked with the men's national ice hockey team. In 2007, he opened his "Praxis am Blütenring" in Munich. Albert Jakob is a sought-after lecturer on manual therapy and sports physiotherapy in clinics and physiotherapy centers. In June 2025, he completed a two-year certified training course as a systemic coach.



## Pain, We Need to Talk!

### What Your Back is Trying to Tell You

#### The Way to a Pain-free life

Back pain is part of everyday life for millions of people. Visits to the doctor for injections and heat packs often only provide short-term relief. With decades of experience and a dash of humor, physiotherapist and osteopath Albert Jakob shows you how to finally understand your back—and relieve it for good. In 28 years, not a single patient with a herniated disc who visited his practice has needed surgery. This book takes you on your own personal "Way of St. James" to a pain-free life—and introduces you to the Medical Coach: your guide through the jungle of diagnoses, specialists, and therapies. This will help you find the treatment that's right for you.

*Guide to Self-Help*

*The 6 golden rules for greater flexibility*

Original title:

*Schmerz, wir müssen reden!*  
Was dein Rücken dir sagen will

Original language: German

Publication in March 2026  
224 pages with many charts  
and figures

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© Nikola Tacevski

# Ceyda Nurtsch

After studying Islamic Studies, Politics, and Philosophy in Cologne and Bonn, Ceyda Nurtsch earned her doctorate with a thesis on Turkish urban poetry and qualified as a trimedia editor at Deutsche Welle. She currently works as a freelance journalist for Qantara, Deutschlandfunk, ZDF, and other outlets, focusing on Turkey and migration.



## Every Breath a Celebration

### Reports from Turkey

#### On the Hope for Unity

A social struggle is raging in Turkey that is also affecting people of Turkish origin living in Germany. Deep divides separate the various social groups: nationalist Kemalists, the former AKP base of Erdogan's party, feminists, Kurds, Alevis, Jews, Greeks, Armenians. They have all created their own coexisting realities, live in their own neighborhoods, and send their children to different schools. At the same time, there are people who are tired of this struggle. People who want to make their pluralistic society shine, reject the state's top-down narrative of history and believe in a social order based on solidarity. This book gives them a voice.

*About the fragmented Turkish society*

*Exciting reports*

Original title:

*Jeder Atemzug ein Fest.*  
Reportagen aus der Türkei

Original language: German

Publication in February 2026  
156 pages

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# Patrick Kaczmarczyk

Dr. Patrick Kaczmarczyk is an economist at the Competence Center for Transformation Research at the University of Mannheim. In addition to his academic work, he regularly takes on economic policy roles: he served as a deputy member of the German government's expert commission on reforming the debt brake and as an expert advisor to the German Bundestag. Before joining Mannheim, he worked in international development cooperation, including for the United Nations Conference on Trade and Development (UNCTAD). There, he worked on debt and development financing as well as on projects in East Africa and the Middle East.



## The Collapse of the World Order

### The Ignorance of the West and the Uprising of the Global South

#### For a More Equitable Distribution of Economic Power

The global order is facing a historic rupture. While Western states cling to outdated dogmas and increasingly interpret their own rules selectively, the Global South is demanding a say and justice. In *The Collapse of the World Order*, Patrick Kaczmarczyk shows how market-liberal ideologies, neocolonial structures, and massive economic imbalances have prevented development for decades—and why the frustration of many countries today is justified. Using clear analyses of financial markets, trade policy, debt, and international institutions, he reveals why the current system has been shaken. A book for anyone who wants to understand how the global balance of power is shifting—and what that means for the future of the world.

*Outlines of a new global economic*

*Our role in a multipolar world order*

Original title:  
*Zerfall der Weltordnung.*  
Die Ignoranz des Westens und der  
Aufstand des globalen Südens

Original language: German

Publication in February 2026  
240 pages

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©J.G. Nguyen

# Norbert Häring

Norbert Häring has a doctorate in economics and is a business journalist. He runs the blog Geld und mehr (Money and More), which features news and analysis on topics such as the monetary system and cash, digital coercion, and the media.



## The Truth Complex

### How NGOs Fight Undesirable Opinions on Behalf of the State

#### Defamation in the Service of Truth

Supposedly independent non-governmental organizations monitor everything that is written, said, or published online in real time. Their goal: to prevent the spread of disinformation and to reproduce convenient truths. In doing so, they do not shy away from smear campaigns and the social destruction of critical voices. For the first time, Norbert Häring reveals the full extent of the “truth complex”: a largely state-funded, centrally controlled, and digitally advanced network that does what the democratic state itself is not allowed to do: censor, propagate, defame, and exert political influence. Instead of silencing the opposing camp, we need one thing above all else: open political debate.

*How independent are NGOs?*

Original title:

*Der Wahrheitskomplex.*

Wie NGOs im Staatsauftrag unerwünschte Meinungen bekämpfen

Original language: German

Publication in May 2026

288 pages

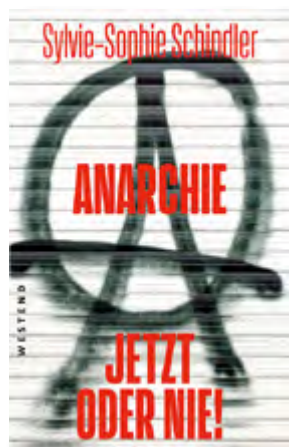
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# Sylvie-Sophie Schindler

Sylvie-Sophie Schindler has a background in philosophy and education and works as a journalist. She started at the Süddeutsche Zeitung and worked as a local reporter for the Münchner Merkur. Her articles have been published in NZZ, Weltwoche, Stern, Galore, and alternative media, among others. She is a recipient of the Walter Kempowski Literature Prize. As a speaker, she inspires social change at events such as the Swiss Alpensymposium.



## Anarchy – Now or Never!

### A Manifesto of Self-Empowerment

Democracy is on the brink of collapse. Lies, corruption, and contempt for citizens are the order of the day, while autocrats around the world wait for their moment. But who says we have to put up with this? Sylvie-Sophie Schindler suggests leaving the party system behind and going our own way. Her book is a call for freedom: radical, intelligent, and deeply human. Anarchy is not a threat but the most consistent form of humanity, according to Schindler. The idea of a society without rulers was already being propagated in ancient Rome, but it never had a real chance. We can change that - without chaos, without violence. Because anarchy is the greatest declaration of love for self-determined human beings.

*A radical rethinking of politics*

*Walter Kempowski Literature Prize*

Original title:  
*Anarchie – jetzt oder nie!*

Original language: German

Publication in February 2026  
110 pages

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# Simon Marian Hoffmann

Simon Marian Hoffmann is an artist, philosopher, and filmmaker. Through his multimedia work, he gives young people a voice, develops innovative educational projects, and inspires others with his visionary ideas.



## Revolt of the Youth

### The Force that Changes Everything

**We Are Shaping Tomorrow—Without the Limitations of Yesterday.**

This is not an outcry. This is a roar! This book takes an unvarnished look at the generational conflict and, for the first time, places the youth perspective at the forefront. Because those who listen to young people will hear the future speak, says philosopher and artist Simon Marian Hoffmann. Most revolutions in history have been started by young people. Hoffmann shows why youth is the engine of social development and why we need this overlooked force for change. *Aufstand der Jugend* (Youth Uprising) is a manifesto and philosophical treatise on the task of the younger generation: the transformation of society. It calls for a rethinking of old dogmas, invites a new perspective on youth, and demands equality between the generations. It is full of visions, hope, and a healthy dose of social criticism.

*A young perspective on the generational conflict*

*Full of hope, vision, and ambition*

Original title:  
*Aufstand der Jugend.*  
Die Kraft, die alles verändert

Original language: German

Publication in March 2026  
176 pages

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© Jens Wagner

# Anno Mungen

Anno Mungen, born in Cologne in 1961, is a music and theatre scholar at the University of Bayreuth and director of the Research Institute for Music Theatre in Thurnau. His work focuses on music theatre from the 18th to the 20th century, on music and film, and on opera and politics. Mungen, one of the editors of the volume *Music Theatre as Global Culture*, published for the Wagner anniversary in 2013, is currently working extensively on the singer Wilhelmine Schröder-Devrient and lives in Cologne and Bayreuth.



## From Bayreuth to Auschwitz

### Opera – Politics – Violence

#### On the Coalition of Art and Violence

They wage war, torture, and murder—and are art lovers: the men of National Socialism. Bayreuth has been a popular meeting place for nationalist circles since 1900. Anno Mungen shows how culture, war, and mass murder interacted in the final years of the regime. Even in the last days of the war, parts of the music industry were deliberately kept going in order to document the claimed cultural superiority over other peoples and the Jews. To this day, large sections of the Wagner community claim that National Socialist Bayreuth was interested only in value-free culture and had withdrawn from political appropriation. It is time, for the first time, to highlight the close entanglement of violence and art that appears here.

*150 years of the Wagner Festival*

*A new look at National Socialism, Opera, and Auschwitz*

Original title:  
*Von Bayreuth nach Auschwitz.*  
Oper – Politik – Gewalt

Original language: German

Publication in June 2026  
356 pages

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© Karen Assayag

# Germinal Hilbert

Germinal Hilbert studied law in Würzburg and Munich and wrote his doctoral thesis on the subject of Franco-German comparative law. Hilbert later worked at the INSEAD Business Institute Fontainebleau and founded his artist agencies in Paris and Munich.



## My Life with the Stars of Opera

### Of Great Voices and Magical Moments

#### A Look Behind the Scenes at the Opera

Germinal Hilbert has been an international agent for the great opera singers for over 50 years, caring for them worldwide with his agencies in Paris and Munich. In this book, Hilbert talks about his job, the ups and downs of a singer's life and the changes on the opera stage. The book is a musical autobiography featuring stars from the world's stages and offering deep insights behind the scenes.

It also attempts to find answers to the eternal question: should music have priority, or should the lyrics come first? And: are directors getting out of hand?

*The author of the great opera stars like Birgit Nilsson, Edda Moser and Edita Gruberova*

*A life for the great voices of the stage*

Original title:  
*Mein Leben mit den Stars der Oper.*  
Von großen Stimmen und magischen Momenten

Original language: German

Publication in July 2026  
220 pages

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# Marco Fausto Gallina

Marco Fausto Gallina, born in Gavardo (Brescia) in 1986, grew up bilingual in German and Italian culture and was socialized in the Rhineland. He studied history in Bonn and was a research assistant in the German Bundestag from 2017 to 2021. He then worked as an editor at Tichys Einblick. Since 2025, he has been working for the human rights organization Christian Solidarity International (CSI), which advocates for persecuted Christians. He publishes articles for numerous independent media outlets on German and Italian politics as well as on feature topics.



## Giovannino Guareschi

### Don Camilo's Rebellious Father

#### The Creator of Don Camilo

Giovannino Guareschi is known to many as the creator of Don Camillo, but hardly anyone knows the man behind the character: an unyielding journalist, devout Catholic, and humorous fighter against the establishment. The book tells the story of Guareschi as a rebellious reactionary—a man who did not bow to political trends, who endured two years as a German prisoner of war, who was imprisoned in the Italian Republic for his beliefs, and who nevertheless never lost his faith in humanity and God. It is a book about truth, conscience, courage—and about a voice that is needed today more than ever.

*The first biography of Guareschi*

*Cult film "Don Camilo and Peppone"*

Original title:

*Giovannino Guareschi*

Don Camilos rebellischer Vater

Original language: German

Publication in March 2026

208 pages

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©Stephan Wagner

# Prof. Dr. Gerd Ganteför

Prof. Dr. Gerd Ganteför, born in 1956, is a professor of astrophysics, energy, climate and elementary particles at the University of Konstanz. Gifted with the talent for explaining complex topics in easily understandable terms, his YouTube channel has gone viral, with over 130,000 subscriptions and millions of views for his seminar-like videos, thereby furthering a fascination with physics.



## The Intelligence of the Universe

### The Immaterial Component of Reality

#### In the Beginning Was Information

Materialism reaches its explanatory limits. If we assume that only matter, energy, and the interactions between them exist, certain questions remain unanswered—for example: Why does life exist at all? Why are the constants of nature so precisely tuned that life is possible? Materialism explains this as coincidence. Religions, on the other hand, say: It is God-given. Physicist Gerd Ganteför proposes a different approach: in addition to matter and energy, there is another component: “information.” This information was initially distributed evenly throughout the universe. Over time, the overall structure changed and became increasingly complex. If one views life as a collection of information, it is no longer surprising that life arose—it then appears logical and comprehensible.

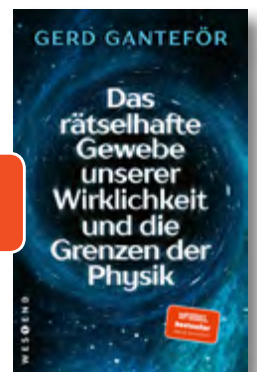
*On the trail of life's mysteries*

*YouTube channel with a wide reach*

**Original title:**  
*Die Intelligenz des Universums.*  
Die immaterielle Komponente der Wirklichkeit

**Original language:** German  
Publication in April 2026  
208 pages

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**SPIEGEL  
Bestseller**  
Jetzt als Taschenbuch

**Original title:**  
*Das rätselhafte Gewebe unserer Wirklichkeit und die Grenzen der Physik*

**Original language:** German

Publication in March 2025,  
196 pages  
15,000 copies sold

RIGHTS SOLD TO CHINA

# Backlist



## We Have a Bone to Pick. How to Stay Agile und Fit Through Healthy Joints

Did you know that we are currently living in the best world of all time? This book tells the 33 best stories about our world, based on accurate scientific data and astonishing graphics. They encourage us to create a better tomorrow through rational optimism!

**Dr. Thomas Pfeifer** studied medicine in Padua, Aachen, Muenster and Munich. He was a guest physician at the Massachusetts General Hospital at Harvard Medical School in Boston. He is one of the most renowned doctors in Frankfurt am Main, Germany..

**Original title:**

*Treffen sich zwei Knochen*

**Original language:** German

Publication in September 2025,  
240 pages,  
15,000 copies sold

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**SPIEGEL  
Bestseller-  
Autor**



## Danger Is My Profession. MH17, Pablo Escobar, Florian Homm - Germany's Most Experi- enced Private Investigator Spills the Beans

The cocaine trade, industrial fraud, the hunt for the investment banker Florian Homm and the drug lord Pablo Escobar, or the investigation into the downing of flight MH17: the missions of private investigator Josef Resch are as varied as they are dangerous. His clients include companies, private individuals and, from time to time, the State Office of Criminal Investigation. Resch provides exciting and unique insights into the secretive world of undercover investigations.

**Josef Resch**, born in 1949, worked for decades as a private investigator for commercial enterprises and private individuals. His clients included, among others, Siemens, the German Federal Criminal Police Office, and various state criminal police offices.

**Original title:**

*Gefahr ist mein Beruf*

**Original language:** German

Publication in April 2025,  
304 pages

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# Adrian H. Koerfer,

born in 1955, is an art historian and scholar of German literature who spent many years in senior positions in publishing, including at Klett and Suhrkamp. As an activist, he has been involved in protecting children and young people against sexual violence since 2010. For this commitment and his efforts to support the cultural scene in Hesse, Koerfer was awarded the Federal Cross of Merit on Ribbon in 2023. The artist and art collector lives in the Rhine-Main region.



## No One Will Believe Me.

### A Memory

#### About Abuse and Silence

Adrian H. Koerfer recounts a childhood and adolescence spent between great wealth and brutal emotional coldness. Growing up in the shadow of an absent father, cared for and raised by employees, and left alone by an overwhelmed mother, he is eventually sent away to the Odenwald School—a place that turns out to be the scene of systematic abuse by teachers. It is only in adolescence that Adrian finds the strength to resist violence and silence. His life story ruthlessly exposes the mechanisms of familial repression and institutional power. A look back in anger that calls the present to account.

*The past is not forgotten*

#### Original title:

*Das glaubt mir doch kein Mensch*  
Erinnerungen an eine andere Welt

**Original language:** German

Publication in March 2026  
120 pages

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